

Guidance for AAH Sick Healthcare Workers

NOTE: You must report any new covid related symptoms immediately. Consult your primary doctor for evaluation and contact Employee Health via the Team Member COVID-19 Exposure Evaluation Tool for further guidance before returning to work. This flow chart will help you understand proper medical evaluation for new onset symptoms.

Do you have ANY of the following ACUTE symptoms: fever, cough, shortness of breath, sore throat, body aches, diarrhea, nausea, loss of smell or taste, conjunctivitis + one other COVID-19 affiliated sign/symptom listed, chills, repeated shaking with chills, headache?

YES – Contact Employee Health via the Team Member COVID-19 Exposure Evaluation Tool / PCP

Do you also have any of the following SEVERE symptoms?

- SOB
- Trouble breathing
- Chest pain
- Wheezing
- Severe and/or constant abdominal pain
- Confusion
- Seizure/loss of consciousness
- Severe reduction in urine output (less than 2x per 24 hrs)
- Vomiting liquid

YES

It is recommended you visit your closest Emergency Department

NO

Your Employee Health Department will work with you to provide COVID-19 testing if appropriate and help guide your return to work.

IF TESTED POSITIVE (COVID-19)/or
under investigation for COVID (PUI)



Team Member should stay on home isolation precautions UNTIL all of the following are met:

- At least 3 days (72 hours) have passed since fever resolution without use of fever reducing medication AND
- **(NEW)** Significant improvement in respiratory symptoms AND
- Improvement of other symptoms AND
- AT LEAST 10 days have passed since symptoms first appeared



IF TESTED NEGATIVE (COVID- 19)



Exclude from work UNTIL:

- Resolution of fever without the use of fever-reducing medications for at least 24 hrs. AND
- Improvement of all symptoms
- Contact your EH department before return to work

When cleared by Employee Health, the Team member must:

- Wear a procedural mask at all times while in the healthcare facility until all symptoms are completely resolved OR until 14 days after illness onset - WHICHEVER IS LONGER
- Be restricted from contact with severely immunocompromised patients (e.g., transplant, hematology-oncology), and newborns until 14 days after illness onset
- Self-monitor for symptoms, and seek re-evaluation from employee health if symptoms recur or worsen